

## **CORONAVIRUS AND EYDON - A MESSAGE FROM YOUR PARISH COUNCIL**

As the Country has moved into the 'Delay' stage of fighting Coronavirus the Parish Council discussed it at its recent meeting and decided that it would be useful to suggest a plan to the residents of Eydon. It may well be that we end up in a shut down such as in Italy. The Government said on Thursday 12 March that we are approximately 4 weeks behind Italy.

We decided upon a **PLAN FOR THE WORST - HOPE FOR THE BEST** approach to try and protect the health and well being of residents.

The Parish Council has contacted local relevant GP Practices and as you would expect their advice is the same.

The symptoms of Coronavirus are :

A new persistent dry cough  
A high temperature above 37.8  
Shortness of breath

Similar to other illnesses that are much more common, such as cold and flu and it does not necessarily mean you have the illness.

**DO NOT GO TO A GP SURGERY , PHARMACY OR HOSPITAL.**

NHS 111 has an online Coronavirus service that can be accessed at <https://111.nhs.uk/service/covid-19>

The latest Covid 19 advice can be found at [www.nhs.uk](http://www.nhs.uk) and [gov.uk/coronavirus](http://gov.uk/coronavirus) and <https://www.nhs.uk/conditions/coronavirus-covid-19>

Advice on self isolation can be found here <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

### **Vulnerable and Elderly**

The most important thing is to help protect the vulnerable and the elderly. In Eydon we are normally very good at this. The age profile of residents is more towards the older spectrum, which by all accounts means these people may be more at risk. Most of the residents who are in either category are known to neighbours and friends or family nearby. The normal way is for people to go and see them. This may not be the best approach at the moment, and particularly if restrictions are enhanced. Much better to telephone and ascertain all is well or find out if any help is needed and then think about the best delivery of that help. It would be to the benefit of all to make sure any contact telephone numbers are up to date, sometimes we don't have next doors number. Let's make sure we do where necessary. If the crisis worsens we may need to ask for volunteers to assist with regular contact and other tasks.

## **Medical Supplies**

The advice from the Surgeries is that they cannot just issue extra medical supplies on Government instruction. But it is prudent to make sure any repeat prescriptions are ordered in good time. It is possible to nominate other residents to collect prescriptions for you. The old system of all prescriptions being collected by a few is being reconsidered in this crisis, but in the short term it is perfectly acceptable for individuals to collect more than one residents prescriptions, it reduces the number of visits to the pharmacies.

The pharmacies themselves have contingency plans in place for prescriptions to be made up at other local pharmacies if their particular one has to close for any reason.

## **Food Provision and supplies.**

Again protection of the elderly and vulnerable is paramount and helping these people obviously needs to be undertaken, again volunteers may be needed in the near future. Delivery now should probably be by agreeing to leave the provisions in a safe place for collection rather than delivering into a property.

## **Assistance**

If anyone knows of anyone who needs assistance please don't hesitate to contact any of us on the Parish Council :

**Keith Simmons Chairman - 5b Preston Road 263014**  
**[k.j.simmons@btinternet.com](mailto:k.j.simmons@btinternet.com)**

**Richard Collins - Vice Chair High Street 260105 [rc.epc2019@gmail.com](mailto:rc.epc2019@gmail.com)**

**Wendy Coy - 07711893799 [wcoy@btinternet.com](mailto:wcoy@btinternet.com)**

**Jess Maxted - 07966935607 [jessica.r.maxted@gmail.com](mailto:jessica.r.maxted@gmail.com)**

**Carol Henson - Manitoba [cah.eydonpc@gmail.com](mailto:cah.eydonpc@gmail.com)**

**Jonathan Walker - [jonathan@doddsmanor.com](mailto:jonathan@doddsmanor.com)**

Also if anyone knows anyone who does not have access to electronic media and wants a hard copy of this notice please contact us.

**Keith Simmons**  
**Parish Council Chairman**